Allergy Management Policy

At **Rose of York English School London**, we are committed to providing a safe and supportive environment for all students and staff. We recognise that students and staff may have, or may develop, allergies, and we take reasonable steps to minimise the risk of allergic reactions and, wherever possible, prevent exposure to known allergens.

While we cannot guarantee a completely allergen-free environment, we make every reasonable effort to minimise the risk of exposure and to ensure that appropriate procedures are in place to respond effectively to an allergic reaction or medical emergency.

We work in partnership with students, parents and carers, where applicable, and staff to manage allergies appropriately and adopt the following practices to help keep everyone at the school safe:

- Parents or carers of students under the age of 18 are asked to provide details of any known allergies or intolerances on the student's registration form and to inform the school immediately of any allergy identified after registration. Adult students are responsible for providing this information themselves.
- Staff are also required to inform the school of any known allergies or serious allergic reactions that may require assistance or emergency treatment while at work.
- All relevant allergy information is recorded and made available to appropriate members of staff. **Known allergies are recorded in the central allergy register and, where appropriate, in the student's individual class register. Students with identified allergies may also be required to wear an allergy identification bracelet.**
- Staff responsible for students are made aware of the signs and symptoms of allergic reactions and the appropriate action to take in an emergency.
- Where a Young Learner has a known serious allergy, we work with the student's parents or carers and, where appropriate, healthcare professionals to put in place an **individual Allergy Management Plan**.
- Appropriate precautions are taken to minimise the risk of cross-contamination, including maintaining good food hygiene practices and ensuring appropriate separation and identification of foods and ingredients where food is provided or handled by the school.
- Rose of York operates a **nut-free policy**, and students, parents, carers and staff are asked to support this by not bringing food or snacks containing nuts onto the school premises.
- Students must not share food or drinks where there is a known risk of allergies.

- Where necessary, appropriate seating arrangements will be made during mealtimes to minimise the risk of allergen exposure.
- Students and staff are encouraged to maintain good hand hygiene, including effective handwashing, particularly before and after eating.
- Relevant staff are made aware of prescribed emergency medication. Medication must be stored safely while remaining readily accessible when required. Adrenaline auto-injectors, such as EpiPens, should be clearly labelled with the student's name and accompanied by the student's individual Allergy Management Plan.
- Written consent from a parent or carer must be obtained before staff administer medication to a student under the age of 18, except where emergency action is permitted or required by law.
- Appropriate staff are trained in the use of adrenaline auto-injectors, such as EpiPens.
- Parents and carers are responsible for ensuring that medication supplied for Young Learners is in date and replaced before its expiry date.
- If a student experiences a mild allergic reaction, a trained member of staff will respond promptly and provide appropriate assistance or treatment in accordance with the student's Allergy Management Plan, where applicable. Parents or carers of Young Learners will be informed, and the incident will be recorded appropriately.
- If a student experiences a **severe allergic reaction or suspected anaphylaxis**, emergency procedures will be followed immediately. An adrenaline auto-injector will be administered where appropriate, and an ambulance will be called. For a Young Learner, the student's parent or carer will be contacted as soon as possible and advised of the situation and, where applicable, the hospital to which the student is being taken.
- We aim to ensure that students are not unnecessarily excluded from lessons, activities, excursions or trips because of an allergy. Where a student with a known allergy participates in an activity or excursion, the relevant risk assessment must take the allergy and appropriate control measures into account.
- Particular care will be taken when food, ingredients or other materials are used during lessons, activities, cooking, baking, arts and crafts, or excursions to enable students with allergies to participate as safely as reasonably possible.

For further information about our Allergy Management Policy, please contact Rose of York English School London.